

## Sports and Fitness

### **Bocce Ball Club**

Bocce is a ball sport developed in Italy and closely related to the British bowls. It is played with a pallino, a small white ball, and 8 bocce balls, traditionally 4 green and 4 red. Eight leagues play each season. Morning leagues play at 9:00 a.m. and evening leagues play at 6:30 p.m.

### **Bowling Leagues**

Frisco Lakes Men's and Mixed Bowling is comprised of men and women, bowling currently every other week, beginning in September and ending in April. Leagues currently at Strikz Rose Room,

### **Divers Group**

This group of people who are interested in scuba diving or snorkeling, whether certified or not, will get together for monthly meetings, local dive outings as well as trips to more exotic destinations.

### **Ladies Ping Pong Group**

Meets every Thursday from 2:00 pm - 3:30 pm, Ballroom B. Balls and paddles are provided.

### **Men's Golf Association**

Welcome to Frisco Lakes and the Frisco Lakes Men's Golf Association. The FLMGA is a chartered organization that caters to all men golfers from beginners to low handicappers and everyone in between.

### **Pickleball Group**

This is THE place to start Pickleball at Frisco Lakes. We have social playing for all levels, including beginner's clinics for those who have never played. We have Recreational Group play, Ladder Leagues, Skills Practices, Competitive play and social events.

### **Ping Pong Players Group**

Open play one weekend day each week at the Village Center. Paddles and balls are provided, although most players bring their own paddles. Note that a separate 'ladies only' ping pong group is also available.

### **Running Club**

Coed running group with runs scheduled each Saturday at 8:30 to start and finish at the West Village Center. Runners with all ranges of running experience welcome.

**Saddle Up Cycle Paths**

Frisco Lakes has some avid and seasoned road cyclists who would like to meet up with other road cyclists to ride with. This group is a meet-up, and will schedule rides and times depending on weather and seasonality factors. We encourage cruisers and experienced cyclists to join us for some fun rides. Helmets are required to ride. Must be willing to ride at least 10 mph and average 20-30 miles a ride.

**Tennis Group**

Enjoy the outdoors by joining the Tennis Group and meet other residents interested in tennis! Men and women of all levels welcome!

**Water Volleyball Group**

The Frisco Lakes Water Volleyball Group was formed in 2008. If anyone likes an active/fun game of water volleyball, please come and join us.

**Women's Golf Association**

The FLWGA is a chartered organization that is open to all women golfers, from beginner to low handicappers. Our goal is to improve our play, learn the rules of golf and most importantly, have fun.